

POSTER PREPARATION GUIDELINES

Size and Orientation: The poster should be A0 size (33.1 x 46.8 inches) and portrait oriented. Landscape orientation will not be accepted.

CONTENT ORGANIZATION:

1. Title: The title should be clear, concise, and legible from a distance (recommended font-size: 70–100 points).
2. Authors and Affiliations: Provide the names and affiliations of all contributing authors and the presenting author.
3. Abstract: The abstract should be unstructured and should not exceed 250 words.
4. Introduction/Background: Include a brief background, objectives, or problem statement.
5. Methods: Provide a summary of the methods used, including study design, population, and data collection methods.
6. Results: Use visual aids like graphs, tables, and charts to present your results clearly.
7. Conclusion: Highlight the key findings, implications, and recommendations for public health practice or policy.
8. Acknowledgements and References: Mention any collaborators or funders and include references if necessary.

FONT AND TEXT GUIDELINES:

1. Font Size: Title: 70–100 points
Section Headings: 40–60 points
Body Text: 24–32 points
Captions: 18–24 points
2. Font Type: Use simple, clear fonts such as Arial, Helvetica, or Times New Roman for readability.
3. Spacing: Ensure that your text is not too crowded. Leave enough white space for easy reading and a clean look.
4. Graphics and Visuals: Use high-resolution images, graphs, and charts to make the poster visually engaging.
5. Colours: Choose colours that contrast well to improve readability. Avoid too many bright or clashing colours.
6. Alignment: Ensure that text and visuals are properly aligned and that the flow of information is logical.

RESEARCH PAPER PRESENTATION

GUIDELINES

A PowerPoint presentation should be prepared with a maximum of 11 slides. The presenting author must arrive at the scheduled place 30 minutes before the scheduled time. The presenting author will be given 07 minutes to present their research paper, followed by a 02-minute Q&A session.

*Please note that the presentation must finish within the stipulated time, and no extension will be granted.